

31 Days of Dinner Ideas

Every year in January, I challenge myself and my readers to a pantry challenge where we forgo the grocery store and eat only from our food storage for an entire month. But eating only from your food storage can get a little repetitive and boring after a while if you begin to run out of ideas or ingredients. Here are 30 days of dinner meal ideas to help you out when you're in a rut, whether you're doing a pantry challenge or not! Oh, and if you run out of any ingredients, check out the Pantry Substitutions Cheat Sheet in my Free Resource Library:)

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1. Spaghetti & meatballs
 2. Veggie pasta
 3. Homemade alfredo sauce & pasta
 4. Homemade mac n' cheese
 5. Homemade "hamburger helper"
 6. Homemade pizza
 7. Tacos
 8. Fajitas
 9. Nachos
 10. Quesadillas
 11. Mexican rice and beans with salsa
 12. Chili
 13. Sloppy Joes
 14. Homemade hamburgers
 15. Stew (beef, chicken, turkey, veggie)
 16. Pot pie (beef, chicken, turkey, veggie)
 17. Shepherd's pie
 18. Loaded baked potatoes
 19. Stir fry (meat or veggie)
 20. Meat or veggie curry
 21. Broccoli and cheese sauce over rice
 22. Roast chicken & veggies
 23. Roast beef with veggies & gravy
 24. Tuna sandwiches or pitas
 25. Egg salad sandwiches or pitas
 26. Soup & salad and/or sandwich/bread
 27. Breakfast for dinner (bacon, eggs, toast)
 28. Potato soup with sausage or bacon
 29. Hamburger soup
 30. Chicken Soup
 31. Platters (meat, cheese, veggies & preserves)